

Young Carers

Who are young carers?

“children and young people under 18 who provide regular or ongoing care and emotional support to a family member who is physically or mentally ill, disabled or misuses substances

How this can affect school life.

- Tiredness/ concentration
- Attendance/ punctuality
- Completing work on time

Support in school.

- Worry box
- Homework club
- Mrs Leadbetter (safeguarding/ pastoral lead) and Mrs Hughes (pastoral support)



What do they do?

Young carers often take on practical and/ or emotional caring responsibilities that would usually be expected of an adult. This is different for every young carer but can include:

- Practical tasks
- Physical care
- Emotional support
- Looking after siblings
- Personal care
- Medication management